**BIRDSHOT DAY NO 4 PROGRAMME**

Grange City Hotel, 8-14 Coopers Row, London EC3N 2BQSaturday 17th November 2018 from 10.00am - 5.00pm with registration and coffee from 9.15am.  
  
**SESSION 1** Chaired by Professor Miles Stanford  
Birdshot ABC: to include information about birdshot uveitis, the immune system and getting the most out of your eye appointment.  Speakers: Mr Richard Lee (Bristol and Moorfields), Miss Laura Steeples (Manchester) and Mr Greg Heath (York).  
  
**SESSION 2**Chaired by Professor Alastair Denniston  
Overview on the world of birdshot research: Professor Andrew Dick interviewing Professor Jennifer Thorne, Cross Family Professor of Ophthalmology at the Wilmer Eye Institute, where she is also chief of the Division of Ocular Immunology, and Dr Marina Mesquida, ophthalmologist clinician scientist, Translational Medicine Leader in Ophthalmology, Roche Pharma research and early development.  
  
**SESSION 3** Chaired by Professor Andrew Dick  
Sleep and how it affects your health and immune system: Professor Russell Foster, Professor of Circadian Neuroscience, Oxford University.  
  
**SESSION 4** Introduced by Annie Folkard  
Living with sight loss: practical tips and apps that may help increase independence if you have started to lose vision. Speakers: Julian Jackson, Chen Yogev from Orcam and Preeti Singla, an expert low vision optometrist.  
  
**SESSION 5** Chaired by Professor Alastair Denniston  
BUS/Fight for Sight funded research: short update on what we have discovered so far. Speakers include: Dr Graham Wallace, Dr Omar Mahroo, Mr Mark Westcott, Dr Colin Chu and Professor Philip Murray.  
  
**SESSION 6** Chaired by Professor Philip Murray  
Birdshot - treatment and trials update. Have your say with a professionals and patients panel. Panel to include: Professor Andrew Dick, Professor Jennifer Thorne, Professor Miles Stanford and Dr Marina Mesquida.  
  
**QUESTION TIME** Chaired by Professor Andrew Dick. The birdshot panel answers your questions.

**Day closes at 5.00pm**