



The immunopathogenesis of birdshot chorioretinopathy; a bird of many feathers

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ARTICLE INFO

Article history:

Received 5 August 2014

Received in revised form

22 October 2014

Accepted 18 November 2014

Available online xxx

Keywords:

Birdshot

Chorioretinopathy

BSCR

HLA-A29

ERAP2

Uveitis

Autoimmunity

T cell

IL-17

Tc17

Th17

Peptide

Choroid

Retina

ABSTRACT

Birdshot chorioretinopathy (BSCR) is a bilateral chronic intraocular inflammation or posterior uveitis that preferentially affects middle-aged Caucasians. BSCR is characterized by distinctive multiple choroidal hypopigmented lesions in combination with retinal vasculitis and vitritis, and the extraordinary feature that virtually all patients are HLA-A29 positive. Its pathophysiology is still poorly understood. BSCR is the strongest documented association between HLA and disease in humans, which makes it an excellent model for studying the underlying immuno-genetic mechanisms of HLA class I-associated diseases. Although the association with HLA-A29 suggests that it is directly involved in the presentation of peptide antigens to T cells, the exact contribution of HLA-A29 to the pathophysiology of BSCR remains enigmatic. This article revisits the HLA-A29 peptidome using insights from recent studies and discusses why HLA-A29 can be considered a canonical antigen presenting molecule. The first genome-wide association study facilitated novel concepts into a disease mechanism beyond HLA-A29 that includes strong genetic predisposition for the ERAP2 gene that affects antigen processing for HLA class I. Furthermore, patients manifest with pro-inflammatory cytokine profiles and pathogenic T cell subsets that are associated with IL-17-linked inflammation. We are beginning to understand that the underlying biology of BSCR comprises various pathologic aspects branched into multiple molecular pathways. We propose to employ *Systems Medicine* to reveal their dynamic interplay for a holistic view of the immunopathology of this intriguing archetypal HLA class I-associated disease.

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¹ Percentage of work contributed by each author in the production of the manuscript is as follows: Jonas Kuiper: 40%, Aniki Rothova: 25%, Joke de Boer: 15%, Timothy Radstake: 20%.

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1. Introduction

Birdshot chorioretinopathy (BSCR) is an organ-specific, presumably auto-immune disorder of the eye typically affecting middle aged and elderly individuals of European descent (Shah et al., 2005). BSCR manifests as a severe progressive intraocular inflammation of the posterior eye segment, typically leading to extensive retinal atrophy resulting in visual field loss, and is potentially blinding. Patients frequently complain of blurred vision especially in low light conditions, difficulties in distinguishing colors, floaters and poor contrast sensitivity and present with various symptoms including fluctuating vision, glare, decreased peripheral vision, metamorphopsia, and decreased depth perception (Shah et al., 2005). The most characteristic disease hallmarks are the numerous distinct white-creamy light spots scattered throughout the fundus that appear like birdshot from a shotgun (Fig. 1) (Howe et al., 1997; Kiss et al., 2006; Shah et al., 2005). Hence, the term *birdshot chorioretinopathy* was introduced by Ryan and Maumenee in 1981 (Ryan and Maumenee, 1980).

BSCR is clinically well-distinguishable from other posterior uveitis entities, but its underlying cause is still unknown. Evidence for any distinctive mode of inheritance is lacking, however, BSCR has been observed in monozygotic twins and has been reported in members of the same family (Fich and Rosenberg, 1992; Trinh et al., 2009). It was hypothesized that BSCR may be associated with infectious agents, including *Borrelia burgdorferi* or *Coxiella burnetii* (Kuhne et al., 1992; Suttorp-Schulten et al., 1993). Scarce extra-

ocular manifestations including hearing loss, cutaneous vitiligo, psoriasis and presence of systemic sarcoidosis have only incidentally been reported (Gass, 1981; Heaton and Mills, 1993; Hesse et al., 1993; Yoshioka et al., 1983). Systemic hypertension, frequently seen in middle-aged Caucasians, is the most commonly reported non-ocular event in BSCR (Gasch et al., 1999; Priem, 1989; Rothova et al., 2004). However, no systemic disease or specific extra-ocular manifestations have been convincingly associated with BSCR (Gasch et al., 1999; Pagnoux et al., 2010).

The aim of this review is to provide an update on recent novel insights and emerging concepts of immuno-genetics that underlie the pathophysiology of BSCR.

2. The role of HLA-A29

A unique feature to BSCR is the extraordinary link with the human leukocyte antigen (HLA)-A29. Essentially all patients carry a particular variant of the HLA-A29 allele which represents one of the strongest associations between an HLA class I allele and human disease (Nussenblatt et al., 1982; Priem et al., 1988). Although the link with HLA-A29 has been well-known for over three decades, the association is both intriguing and puzzling, since its role in the pathophysiology of BSCR is not conclusive (Nussenblatt et al., 1982). Consequently, HLA-A29, present in about 7–10% of Caucasian population, is currently not essential for diagnosis (Levinson et al., 2006). Curiously, HLA-A29 has also been associated with non-classical forms of iron overload and incidentally to chromoblastomycosis (Porto et al., 1998; Tsuneto et al., 1989). The HLA-A29 serotype can be subdivided in at least 17 distinct subtypes (Holdsworth et al., 2009), but the predominant subtypes in Caucasians and patients are HLA-A*29:02 and HLA-A*29:01. Accordingly, these two subtypes have both been associated with BSCR (Lehoang et al., 1992; Levinson et al., 2004). The much rarer allele HLA-A29*10 has only been incidentally reported in patients (Donvito et al., 2010). The very similar HLA-A*29:02 and HLA-A*29:01 have only a minor amino acid difference which does not seem to affect interaction with the presented peptides. In fact, the amino acid sequence of HLA-A29 in BSCR patients is not different from unaffected HLA-A29-positive individuals (Donvito et al., 2005). Since HLA-A29 itself did not seem to bear pathogenic alternations, it was hypothesized that the HLA-A29 association merely represented a bystander marker in linkage disequilibrium with pathogenic polymorphisms in the MHC region (Levinson, 2007). However, previous reports on the investigation of short tandem repeats near HLA-A in small patient cohorts revealed highly various haplotypes for A*29:01, A*29:02, and A*29:10, suggesting that HLA-A29 itself confers risk to developing to BSCR (Donvito et al., 2005, 2010).

In depth genetic profiling of the entire MHC region could provide an answer to questions on the role of HLA-A29 in BSCR. With this in mind, Kuiper et al. recently investigated the entire MHC region of 117 Dutch and Spanish patients using genotyping and subsequent high-

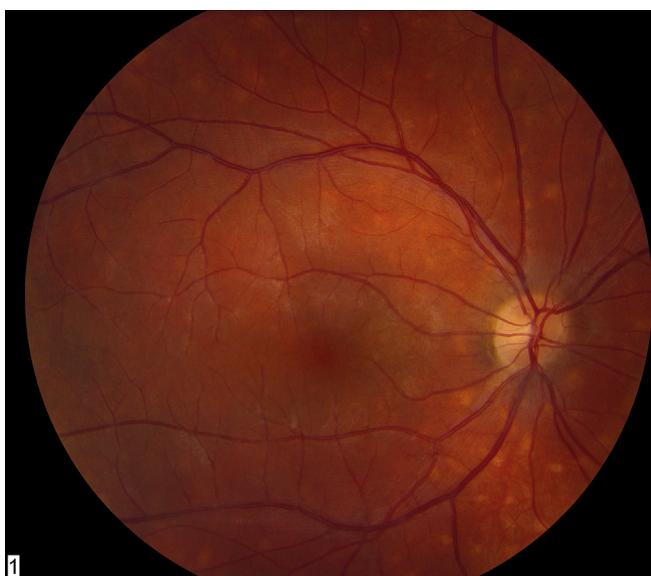


Fig. 1. Fundus photography of a patient with birdshot chorioretinopathy showing hallmark creamy yellow-orange choriretinal lesions along the main retinal vessels.

resolution imputation of classical HLA alleles and >3000 additional amino acid polymorphisms near these loci (Kuiper et al., 2014b). The extreme association with HLA-A29 was ascertained and, as expected, the classical A29 effect could be primarily attributed to the A*29:02 allele, which is the reflection of its greater prevalence amongst Caucasians. Using conditional analysis on HLA-A29:02 no other additional loci in this region were found to be associated with BSCR that could not be explained by linkage disequilibrium with HLA-A29:02, including frequently associated alleles such as HLA-B44 (Priem et al., 1988). Interestingly, in contrast to common autoimmune diseases, no association with any HLA class II was observed (Kuiper et al., 2014b). Hence the hypothesis that HLA-A29 may indirectly mark ambiguous genetic variants at the MHC (Levinson, 2007) seems unlikely. Therefore, it is reasonable to assume that HLA-A29 functions as a canonical antigen presenting molecule for yet to be determined uveitogenic peptides.

Observations from studies in other HLA class I-associated diseases may provide additional insights into the role of HLA-A29 in BSCR. HLA-B27 is the most profoundly studied HLA class I antigen due to its association with ocular inflammation and spondyloarthropathies (Schlosstein et al., 1973; Brewerton et al., 1973). Despite being designated a risk factor and related to hyperactivation of the immune system in chronic inflammatory diseases such as ankylosing spondylitis (AS) and anterior uveitis, HLA-B27 has also been designated beneficial for protection against various viral infections (Sorrentino et al., 2014). The HLA-B27 antigen was shown to present immunodominant peptide epitopes to virus-specific CD8⁺ T cells that enhances the intrinsic capacity to control viral infections (Brooks et al., 1993; Neumann-Haefelin et al., 2006). Therefore, it is hypothesized that carriers of the HLA-B27 allele may have superior anti-viral immunity at the price of enhanced risk for developing chronic inflammatory diseases such as AS (in combination with other environmental factors and additional genetic predisposition) (Sorrentino et al., 2014). Related opposing mechanisms might also underlie to the development of BSCR in HLA-A29 positive individuals. Interestingly, HLA-A29 has been associated with specific anti-viral responses and there are numerous virus-specific CD8⁺ T cell epitopes identified that are presented in the context of HLA-A29 (Koziel et al., 1993; Fleischer and Kreth, 1983; Frahm et al., 2007; Khanna et al., 1997; Jones et al., 2004; Lohman et al., 2005; Wilson et al., 1997; Masemola et al., 2004; Jing et al., 2005; Bolland et al., 2004).

The HLA-A29 antigen was even suggested to out compete some other HLA alleles in overlapping binding epitopes for presenting viral epitopes to CD8⁺ T cells, by direct binding competition in the endoplasmic reticulum or mechanisms that favor processing of HLA-A29 epitopes over other HLA class I motifs (Wilson et al., 1997). It is not known whether HLA-A29 has a favorable influence on the control of specific viral infections in BSCR. Curiously, however, in contrast to HLA-B27, the HLA-A29 was linked to rapid progression to AIDS in HIV positive patients (Hendel et al., 1999). Further research is necessary to clarify the potential relationship of HLA-A29 in viral clearance and susceptibility towards autoimmunity in the HLA-A29 positive unaffected individuals and patients that suffer from BSCR. Still, the HLA-A29 allele is common in the Caucasian population (Levinson et al., 2006) and the evidence for its role in viral-specific CD8⁺ T cells activation might suggest that the cause of BSCR is somehow related to previous concealed viral infection.

2.1. HLA-A29 transgenic mouse

Most of our understanding of uveitis comes from various transgenic or antigen-induced experimental animal models that greatly improved our understanding of the complex underlying

signaling pathways (Caspi et al., 2008; Caspi, 2010; Horai and Caspi, 2011). Szpak et al. previously generated an HLA-A29 transgenic mouse with a construct derived from cDNA of HLA-A29 obtained from a BSCR patient (Szpak et al., 2001). Strikingly, the aging HLA-A29 transgenic mice developed spontaneous mild chronic posterior uveitis, very similar to human autoimmune uveitis and shared several characteristics with BSCR. This model implied an explicit role for HLA-A29 in the development of BSCR, but by a differential and unknown mechanism since the presence of HLA-A29 itself is not sufficient to cause the disease in humans. However, a more recent study by Mattapallil et al. revealed that the ocular phenotype of the HLA-A29 transgenic mice appeared to be degenerative instead of inflammatory and could best be explained by the unfortunate contamination of a retinal degenerative *Rd8* mutation in the *Crb1* gene of C57BL/6 mice, independently of the HLA-A29 construct (Mattapallil et al., 2012). The original strain of Szpak et al. had been lost making exclusion of the degenerative contamination in these mice not possible, however the mutation was observed in most substrains from vendors of the United States and Japan (Mattapallil et al., 2012). Therefore, novel generation of HLA-A29 transgenic mice that do not harbor *rd8*, perhaps on several genetic backgrounds, are necessary to conclusively study the contributing role of HLA-A29 to the ocular phenotypes seen in this model.

2.2. The HLA-A29 binding motif

Since HLA molecules orchestrate immune responses by presenting peptide antigens to T cells, it is plausible that HLA-A29 presents ocular peptides to circulating ocular-specific T cells that results in tissue damage of the eye. Evidently, better insights in the characteristics of these peptides may enhance our understanding of their source and contribution to the initiation or disease progression of BSCR.

In 1996 Biósgerault et al. conducted a series of bindings studies and reported the natural motif of HLA-A29 to be defined by a glutamate (E) at anchoring position 2 (P2) and tyrosine (Y) at anchoring position 9 of the peptide (P9) (Boisgerault et al., 1996; Lund et al., 2004). This was partly supported by other binding studies that showed that peptide motifs only need to fulfill the requirement of the aminoacid tyrosine at P9 to be able to sufficiently bind HLA-A29 (Table 1) (De Backer et al., 1999; Luescher et al., 1996). For example, a more recent in-depth analysis of endogenous ligands eluted from HLA-A29:02 molecules reported >100 peptides derived from a great variety of intracellular proteins that contained highly variable aminoacids at each of the anchors, but all contained the tyrosinase at P9 (Granados et al., 2012). Consistent with these data, viral and tumor-associated peptides that are recognized by cytotoxic T cells in the context of HLA-A29, also only require the tyrosinase at P9 (Table 1) (Bolland et al., 2004; De Backer et al., 1999; Jing et al., 2005; Lundsgaard et al., 2008; Masemola et al., 2004; Terakura et al., 2007; Slyker et al., 2011; Warren et al., 2010). In addition, loss of tyrosinase at P9 within the aminoacid sequences of HLA-A29-binding peptides can reduce the ability of the peptide to sensitize target cells for lysis by cytotoxic T cells (Jones et al., 2004).

Considering that there is a great number of eye related proteins that by immunization are able to cause uveitis in animal models (Caspi et al., 2008) and that the only most likely prerequisite for HLA-A29 seems to be the amino acid tyrosinase at P9, the number of possible peptide motifs derived from these proteins is immense and studying the specific role of each will be labor-intensive. Nevertheless, BSCR manifests exclusively in the eye so the nature of these antigens must be related to proteins that are present in ocular tissues.

Table 1

HLA-A29 restricted epitopes recognized by cytotoxic T cells and HLA-A29 binding peptide motifs reported in literature. All peptides are denoted with the corresponding binding affinity predicted using NetMHC version 3.4^a, which is the best-performing MHC-binding predictor (Lundsgaard et al., 2008).

Antigen	Peptide										Binding affinity (nM) ^a	Reference	
	P2					P9							
HLA-A29 restricted T cell epitopes													
Latent membrane antigens (LMP) 1 and 2	I	L	L	A	R	L	F	L	Y	3		Bollard et al., 2004	
UDP-glucuronosyltransferase 2B17	A	E	L	N	I	P	F	L	Y	127		Terakura et al., 2007	
GAGE-1 protein	Y	Y	W	P	R	P	R	R	Y	9		De Backer et al., 1999	
P2RX7 protein	W	F	H	H	C	H	P	K	Y			Warren et al., 2010	
HIV gag protein	L	Y	N	T	V	A	T	L	Y	24		Masemola et al., 2004	
HIV gp120 protein	F	N	C	G	G	E	F	F	Y	7		Slyker et al., 2011	
Vaccinia virus C12L protein	V	Y	I	N	H	P	F	M	Y	4		Jing et al., 2005	
HIV gp120 protein	S	F	E	P	I	P	I	H	Y	65		Jones et al., 2004	
HLA-A29 binding epitopes													
S-arrestin	G	E	L	T	S	S	E	V	A	30977		Boisgerault et al., 1996	
S-arrestin	S	E	V	A	T	E	V	P	F	17522		Boisgerault et al., 1996	
Endogenous ligand HLA-A29	K	E	F	Q	E	H	Y	E	Y	109		Boisgerault et al., 1996	
Endogenous ligand HLA-A29	K	E	I	E	L	I	L	E	Y	410		Boisgerault et al., 1996	
MAGE-2	E	V	V	P	I	S	H	L	Y	8		Luescher et al., 1996	
MAGE-3	E	V	D	P	I	G	H	L	Y	138		Luescher et al., 1996	
MAGE-6	E	V	D	P	I	G	H	V	Y	984		Luescher et al., 1996	
MAGE-12	E	V	V	R	I	G	H	L	Y	28		Luescher et al., 1996	
Actinin alpha 4 ^b	A	I	D	Q	L	H	L	E	Y	28		Granados et al., 2012	
Baculoviral IAP repeat-containing protein 6 ^b	A	K	I	P	L	G	F	Y	Y	91		Granados et al., 2012	
Regulator of G-protein signaling 22 ^b	E	V	L	K	P	L	L	L	Y	34		Granados et al., 2012	
Tyrosinase ^b	F	F	I	S	S	K	D	L	G	15		Granados et al., 2012	

^a 9-10mer binding predictions for HLA-A29:02 using Artificial Neural Networks NetMHC version 3.4. Prediction values are given in nM IC50 values. Strong binder threshold 50 nM. Weak binder threshold score 500 nM.

^b 4 randomly selected peptides of >100 peptides eluted from HLA-A29 reported by Granados et al., 2012.

2.3. Potential ocular antigens presented by HLA-A29

Classical candidates for protein antigens that are targeted by T cells in BSCR are thought to be the retinal specific *S-antigen* (*S-ag*) and *interphotoreceptor retinoid-binding protein* (IRBP) that are located in the outer retina. BSCR patients demonstrate increased proliferation of peripheral blood mononuclear cells to these antigens (de Smet et al., 1990; Nussenblatt et al., 1982). Furthermore, BSCR resembles *S-ag*-induced experimental autoimmune uveitis (EAU) and peptides derived from amino acid sequence of the *S-ag* can bind to HLA-A29 in vitro (Boisgerault et al., 1996; Nussenblatt et al., 1981a, 1981b). Although the *S-ag* is a highly uveitogenic protein competent to cause uveitis in several species, this is thought to be a predominantly CD4⁺ T (helper) cell-mediated (via HLA class II) autoimmune disease of the retina (Adamus and Chan, 2002; Mattapallil et al., 2011). Besides, immune responsiveness to the *S-ag* is a phenomenon seen throughout non-infectious uveitis, most of which are not associated with HLA class I locus, and can be even detected in non-affected individuals (de Smet et al., 1990; de Smet et al., 2001; Doeke et al., 1987; Hirose et al., 1988; Morgan et al., 2002; Nussenblatt et al., 1980). Like the *S-ag*, immunization of susceptible animal models with other retinal antigens (rhodopsin, recoverin, phosducin) results in very similar forms of autoimmune uveitis (Caspi et al., 2008). Thus, retinal autoimmunity may be an important epiphomenon that drives inflammation, but perhaps develops after retinal damage is caused by other (yet to be determined) factors probably associated with HLA-A29 (Gasch et al., 1999).

The origin of the typical birdshot-lesions remains controversial. The demographic distribution of the creamy lesions in color fundus photographs differs from the retinal pigment epithelium atrophy visualized by fundus autofluorescence, indicating independent choroidal and retinal damage (Giuliani et al., 2009). Some suggest that the lesions appear to arise in the choroid (Gaudio et al., 2002; Pulido et al., 2012; Herbst et al., 2004; Levinson and Monnet, 2012). The choroid comprises a network of bloodvessels,

fibroblasts, resident immune cells and melanocyte-rich tissue that supports the outer retina (Nickla and Wallman, 2010).

Enhanced depth imaging using spectral optical coherence tomography (EDI-OCT) can be used to visually evaluate the pathologically changes of the choroid during ocular inflammation (Imamura et al., 2009). Keane et al. examined the choroid in BSCR patients using extramacular EDI-OCT and revealed, in addition to extensive pathological retinal changes, choroidal hyperreflective foci indicating lymphocytic aggregates (Keane et al., 2013). The choroidal lesions were generally located near larger-sized choroidal vessels and choroidal abnormalities were seen as deep as the suprachoroid, the melanocyte-, collagen- and fibroblast-rich tissue of the choroid, that would suggest inflammatory activity even at deeper levels of the choroid (Keane et al., 2013; Nickla and Wallman, 2010). In addition, two histology studies on enucleated eye tissues of HLA-A29 positive birdshot patients revealed non-granulomatous focal nodular T cell infiltrates primarily throughout the choroid (Gaudio et al., 2002; Pulido et al., 2012). Interestingly, Rothova et al reported up to 19% of BSCR patients with previous skin malignancy including melanoma and basal cell carcinoma or malignancies of the prostate, bladder, lung and breast (Rothova et al., 2004). Curiously, the patients described in the two histopathology studies both had a past medical history of melanoma (Gaudio et al., 2002; Pulido et al., 2012). Moreover, there have been several reports on the association of melanoma with uveitis and BSCR in both animal and man (Arevalo et al., 2003; Feeney-Burns et al., 1985; Gaudio et al., 2002; Yeh et al., 2009a). This implies a potential role for T cells directed to melanoma-associated antigens. In T cell responses to melanoma it is, however, important to differentiate between tumor-associated antigens (TAAs) and melanocyte differentiation antigens (MDAs). The *MAGE* and *GAGE* family of genes are TAAs widely expressed in epithelial malignancies, including melanoma (De Backer et al., 1999; Luescher et al., 1996). MDAs include the proteins Tyrosinase and gp100 that are expressed by normal melanocytes, but overexpressed in melanoma. *MAGE*-reactive T cells are specifically reactive against a range

of melanoma and non-melanoma tumor cells, but anti-MAGE immune responses also result in destruction of healthy melanocytic tissue and exposure of MDAs (Chinnasamy et al., 2011; Johnson et al., 2009a). Note, an endogenous HLA-A29:02 strong binding peptide derived from Tyrosinase was eluted from B cells by Granados et al. (Granados et al., 2012) (see also Table 1). Therefore, the typical hypopigmented lesions in the choroid make it tempting to speculate that BSCR may, at least in part, be related to pigment-destruction diseases such as cutaneous vitiligo and Vogt-Koyanagi-Harada disease, which are both considered autoimmune diseases caused by melanocyte-specific T cells (Bordaberry, 2010; Le Poole and Luiten, 2008).

3. Pathogenesis beyond HLA-A29

HLA-A29 is relatively common in European populations (7–9%) whereas BSCR is a rare disease, which indicates that over 99% of HLA-A29 positive Caucasians do not develop BSCR (Shah et al., 2005; Wee and Papaliodis, 2008). Consequently, HLA-A29 can be considered a necessity, but not the only and conclusive factor for developing BSCR. This warrants additive (epi)genetic or exogenous factors that confer risk for developing BSCR in HLA-A29 positive Caucasians (Donvito et al., 2010; Shah et al., 2005; Wee and Papaliodis, 2008). This concept is strengthened by the observation that despite the common prevalence of HLA-A29 in the Hispanic, Afro-American and Asian populations, BSCR is not or very sporadically reported in these populations (Baddar and Goldstein, 2014; Brezin et al., 2011; Shah et al., 2005; Wee and Papaliodis, 2008). Moreover, the differential prevalence of HLA-A29 in these ethnic groups inadequately explains the near exclusive occurrence of BSCR in Caucasians (Brezin et al., 2011). This led to the curious hypothesis that other possible genetic requirements involved could have a differential ethnic distribution and predispose Caucasians to BSCR (Donvito et al., 2005). An example of a gene that is highly variably distributed between ethnic groups is the *UDP glycosyl-transferase 2 family, polypeptide B17* (UGT2B17) gene. Individuals of Asian ancestry have a homozygous gene deletion in 73% of individuals and absent expression of UGT2B17 compared with 27% in Caucasians (McCarroll et al., 2006). Anecdotally, a peptide antigen derived from UGT2B17 can be presented by HLA-A*2902 and was recognized by CD8⁺ T cells isolated from a patient with graft-versus-host-disease (Terakura et al., 2007).

3.1. The role of KIR genes

A first glimpse of other potential genes that, in addition to HLA-A29, contribute to disease susceptibility came from previous observations by Levinson et al. who demonstrated that specific combinations of *Killer immunoglobulin-like receptor* (KIR) gene haplotypes are more frequent in BSCR patients (Levinson et al., 2008). The findings of this study have previously been extensively reviewed (Levinson, 2007, 2011). Accordingly, only a brief description on the association of KIR in BSCR will be provided here: KIR genes encode inhibitory and activation receptors that are expressed on immune cells such as natural killer (NK) cells and T cells, and regulate self-non-self recognition by binding to its ligands (Single et al., 2007). Levinson et al. reported on the strong association of the KIR genes *3DL1* and *3DS1* with HLA-B44 in BSCR patients possibly resulting in loss of self-tolerance during inflammatory conditions and, thus, suggested a role for HLA-B44 in BSCR, beyond the strong linkage disequilibrium with HLA-A29 (Levinson et al., 2008). Note, KIR3DL1 that specifically recognizes an epitope in HLA-B and HLA-A, was shown to interact partly with the presented peptide that affect the binding of KIR to HLA molecules (Peruzzi et al., 1996).

The underlying mechanisms of HLA class I interacting molecules (f.e. KIRs that interact with HLA-B44) and their contribution to BSCR pathology are not well understood yet and may include several others, such as the macrophage MHC receptor I (MMRI) that is expressed on human monocytes and specifically targets the HLA-B44 antigen (Tashiro-Yamaji et al., 2012).

3.2. Recent genome-wide association study findings in birdshot chorioretinopathy

Similar to BSCR, other HLA class I associated diseases such as psoriasis, ankylosing spondylitis, and Behcet's disease are currently considered to have a multifactorial etiology, including environmental (stress) factors and multiple genetic risk loci (Evans et al., 2011; Johnson et al., 2009b; Kirino et al., 2013; Strange et al., 2010). In the last decade, the method of choice for the identification of novel genetic risk loci in such complex traits has been the use of *genome-wide association studies*, or GWAS. A GWAS is a hypothesis-free case-control approach that studies the genome of a population (of patients) by genotyping and subsequent imputation of millions of genetic variants, or single-nucleotide polymorphisms (SNPs) (Evangelou and Ioannidis, 2013). The main outcomes of a GWAS provides an answer to the question of whether certain SNPs are found more often than expected in a particular disease, compared to non-affected individuals that derive from the same population. Therefore, the use of GWAS to identify novel genetic risk loci associated with BSCR would be evidently suitable.

Thus, Kuiper et al. recently performed a GWAS in three BSCR populations (Dutch, Spanish, and UK) and identified *Endoplasmic reticulum aminopeptidase* (*ERAP*)2 as a novel susceptibility locus associated with BSCR.

3.2.1. The role of ERAP2

The results of the GWAS in BSCR revealed a novel strong association for a variant near the *ERAP2* gene that results in high mRNA and protein expression of *ERAP2* (Kuiper et al., 2014b). The *ERAP2* gene is located on chromosome 5 and is positioned between the closely related *ERAP1* and the *leucyl/cysteinyl aminopeptidase* (*LNPEP*) gene, that all belong to the M1 family of aminopeptidases, also known as the oxytocinase sub-family, and function in peptide trimming for antigen-presentation (Evnouchidou et al., 2009; Saveanu et al., 2005, 2009). Peptides presented by HLA class I molecules are generated by proteolysis of intracellular polypeptides by the proteasome in the cytoplasm (Kloetzel and Ossendorp, 2004). In the endoplasmic reticulum, *ERAP1* (previously known as ARTS-1 or A-LAP) and *ERAP2* (previously known as L-RAP) shape the cellular peptidome; the composition of peptides normally presented by HLA class I molecules to T cells (Saveanu et al., 2005). To orchestrate this final step in antigen processing, *ERAP1* and *ERAP2* form a unique complex, thus joining their unique sequence specificities to generate mature 8–10-mer peptide-motifs by removing several N-terminal amino acids from 15-mer precursor peptides, and shape the peptide cargo of HLA class I (Fruci et al., 2001; Haroon and Inman, 2010; Saveanu et al., 2005). *ERAP2* has different substrate preferences compared to *ERAP1* and is required mainly for the removal of positively charged (arginine) and basic residues, (Saveanu et al., 2005). Consequently, some peptide antigens, such as the immunodominant nonameric peptide derived from the HIV gag protein are fully dependent on trimming by *ERAP2* (Fruci et al., 2001).

Importantly, recent advances in genome-wide association studies substantiate the emerging concept of a critical role for the interaction of the *ERAP1-ERAP2* locus with HLA class I as a common pathogenic mechanism in HLA class I-associated immune disorders including psoriasis (Strange et al., 2010), ankylosing spondylitis (AS) (Cortes et al., 2013; Evans et al., 2011), preeclampsia (Johnson

et al., 2009b), and Behcet's disease (Kirino et al., 2013). Furthermore, ERAP2 has also been linked to Crohn's disease (Franke et al., 2010) and even resistance to HIV-1 infection (Cagliani et al., 2010). Curiously, BSCR is specifically associated with ERAP2 whereas most of these HLA class I associated diseases have a particular interaction with the ERAP1 gene or combined ERAP1/ERAP2 association. More importantly, in AS the association with ERAP1 is only observed in HLA-B27-positive patients, while the association with ERAP2 is particularly associated with HLA-B27-negative cases (Cortes et al., 2013). The functional implications of the association of ERAP1 and ERAP2 in AS are currently unknown, but it was suggested to be directly involved in the generation of arthritogenic peptides (Tsui et al., 2014).

In order to better understand the role of ERAP2 in BSCR it needs to be emphasized that this gene undergoes a "balancing selection". Balancing selection maintains high genetic diversity in the major histocompatibility (MHC) locus to ensure high diversity in the antigenic repertoire. Genes involved in MHC function are generally in co-evolution with the MHC and substantially undergo balancing selection such as the KIR genes (also associated with BSCR, see *The role of KIR genes*) (Single et al., 2007). Since ERAP2 functions in close interaction with the MHC (or HLA in humans), it is not surprising that the ERAP2 gene also undergoes balancing selection. The balancing selection of ERAP2 maintains two main haplotypes with highly differential protein expression due to alternative mRNA splicing (Andres et al., 2010). Due to balancing selection the haplotype distribution of ERAP2 in the Caucasian population is 25% for homozygotes that have two functional ERAP2 protein expressing alleles, 50% have at least one coding allele and express ERAP2, and 25% fail to express ERAP2 and are, thus, ERAP2-deficient. The strong association with ERAP2 illustrates the clinical relevance of this functional dichotomy as the SNP (and SNPs in linkage disequilibrium) associated with BSCR at chromosome 5 also serve as tags for these haplotypes; with high expression levels of ERAP2 in BSCR patients and no or low expression in healthy individuals that do not carry the allele. We hypothesize that the established HLA-A29 association in BSCR represents a conventional peptide presenting HLA molecule and that ERAP2 controls the generation or destruction of selected peptide epitopes that are preferentially or exclusively presented by HLA-A29. This means that having the coding ERAP2 allele may for example be beneficial for immune-homeostasis (f.e. clearance of pathogens), but perhaps disadvantageous in HLA-A29 positive individuals that are susceptible to autoimmune inflammation as observed in BSCR (Andres et al., 2010). In other words this implies that potentially uveitogenic epitopes presented by HLA-A29 are dependent on trimming by ERAP2. One such hypothetical epitope could be the 9-mer VTLGILVSY peptide derived from the highly uveitogenic S-ag that is predicted to strongly bind to HLA-A29 (IC₅₀: 20 nM) by the peptide-binding prediction software netMHC (Lundsgaard et al., 2008). Like the epitope derived from the HIV gag protein, this particular peptide motif derived from the S-ag protein contains an arginine (R) at the N-terminus that is likely dependent on ERAP2 for trimming of the mature epitope (Frucci et al., 2008; Haroon and Inman, 2010). Of course, the exact role of ERAP2 in antigen generation and peptide loading of HLA-A29 in BSCR needs to be clarified using appropriate models. Studying the antigen processing pathway using HLA-A29 transgenic mice may not be sufficient since there is no murine homolog of the ERAP2 gene. Instead the murine *ER aminopeptidase associated with antigen processing* (*ERAAP*) gene represents a single aminopeptidase that functions similar to ERAP1 (Saveanu et al., 2005; Serwold et al., 2002). Regardless, therapeutic targeting of ERAP2 using novel selective inhibitors may potentially be of interest since no clear adverse effects on health are associated with the loss of ERAP2 function, given

that 25% of Caucasians are in fact ERAP2-deficient (Andres et al., 2010; Papakyriakou et al., 2013; Zervoudi et al., 2013).

4. T cells in birdshot chorioretinopathy

In general, non-infectious uveitis represents a highly sophisticated interplay of innate and adaptive immunity targeting the eye and is characterized by the accumulation of intraocular leukocytes (Deschenes et al., 1988; Forrester et al., 2013; Kaplan et al., 1984; Keino et al., 2001). These leukocytes include mostly ocular-specific T cells, but also neutrophils, macrophages, dendritic cells and polyclonal T cells that synergistically contribute to local inflammation and tissue damage (Caspi, 2010; Kerr et al., 2008). The conventional view is that environmental (stress) factors activate (the poorly understood) auto-inflammatory pathways that trigger ocular-specific T cells activation in patients that are genetically prone to autoimmunity and/or auto-inflammation (Willermain et al., 2012). The best understood perpetrators of uveitis, retinal-specific T lymphocytes, are directed to multiple retinal antigens (Caspi, 2010). Exposure of the highly immunogenic ocular antigens to T cells is normally prevented by blood-ocular barriers and the 'immune privileged' environment of the eye. However, when these barriers function inadequately, ocular-specific T cells may breach and induce tissue damage, vigorously (Kaplan et al., 1984; Keino et al., 2001). A role for T cells in the pathophysiology of BSCR is obviously implicated by its extreme HLA association (Nussenblatt et al., 1982) and the observation that the typical choroidal lesions contain predominantly infiltrated T cells (Gaudio et al., 2002; Pulido et al., 2012). Also, vitreous fluid samples from BSCR patients obtained during intraocular surgery (pars plana vitrectomy) contain almost exclusively CD4⁺ and CD8⁺ T lymphocytes (Kuiper et al., 2014a). Some of these intraocular T cells demonstrate reactivity to retinal and choroidal lysates, however, the exact nature of the antigens is currently still unknown (Kuiper et al., 2014a). All together, these observations delineate a central role for T cells directed to ocular resident antigens in the pathophysiology of BSCR.

4.1. The role of Th17 and Tc17 cells in birdshot chorioretinopathy

T cells that survived the clonal selection process in the thymus enter the peripheral circulation as immature naive T cells. Upon activation via their unique T cell receptor and under distinct cytokine conditions, these naive cells differentiate into specific effector and helper phenotypes (McKinstry et al., 2010; Zuniga et al., 2013). CD4⁺ T helper cells play a central role in guiding immune responses to adequately fit the encountered antigen and the distressed tissue environment. Helper cells accomplished this by differentiating into so called polarization states with distinct phenotype, function and downstream immune pathways. The three most studied T helper polarization states are the T helper (Th)1, Th2 and Th17 triad that are promoted by distinct cytokines (Goriely and Goldman, 2008; Muranski and Restifo, 2013). In the last decade, clinical and experimental observations have put forward a prominent role for Th17 cells that drive chronic inflammation in T cell-associated immune disorders (Brown, 2010; Holtta et al., 2008; McInnes and Schett, 2007) including non-infectious uveitis (Amadi-Obi et al., 2007). Th17 cells are the subset of T helper cells that derived their name from the production of their hallmark cytokine IL-17 and characteristic expression of retinoic acid receptor-related orphan receptor γ -t (ROR γ t) (Bettelli et al., 2007). IL-23 is a heterodimeric cytokine that belongs to the IL-12 family and is among the key cytokines that induces the proliferation and maintains the function of Th17 cells (Kastelein et al., 2007; Maloy, 2008; Maloy and Kullberg, 2008). Other cytokines, such as IL-1 β , IL-6 and transforming growth factor- β (TGF- β) also contribute to the differentiation of Th17 cells from naive precursors, cytokines that were found to be elevated in ocular

fluids and serum of BSCR patients by multiple research groups (Amadi-Obi et al., 2007; Bettelli et al., 2007; Kuiper et al., 2011; Yang and Foster, 2013). The levels of IL-17 were specifically elevated in the eyes of BSCR patients, indicating that Th17 cells may also play a role in BSCR (Kuiper et al., 2011). This hypothesis particularly gained strength by the later observations of Yang and associates who reported on elevated immune mediators that can promote Th17 responses in the serum of patients with active disease naïve to immunomodulatory therapy (Yang and Foster, 2013). In addition, peripheral blood mononuclear cell cultures from BSCR patients with active disease demonstrated a specific production of IL-17 in response to retinal antigens that is accompanied by a modest enrichment of Th17 cells (Kuiper et al., 2013).

Although IL-17 is a hallmark cytokine for Th17 cells it can be produced by various cell types that include, but is not limited to, NK cells and neutrophils (Cua and Tato, 2010; Li et al., 2010; Passos et al., 2010). Strikingly, a subset of CD8⁺ T cells that express the endothelial adhesion molecule 'MCAM' (CD146), also secrete IL-17 (so called Tc17 cells) and were recently found to be more abundant in peripheral blood of BSCR patients (Dagur et al., 2014). This suggests that in addition to Th17 cells, also Tc17 cells may contribute to the IL-17-flavored inflammation. In fact, this is in line with the presence of both CD4⁺ and CD8⁺ T cells in ocular tissues of BSCR patients and reflects observations from the related disease model experimental autoimmune encephalomyelitis, in which Tc17 were found to be critical for induction of Th17-mediated inflammation (Huber et al., 2013; Kuiper et al., 2014a; Pulido et al., 2012). In addition, retinal specific IL-17 producing CD8⁺ T cells have been shown to be uveitogenic in experimental autoimmune uveitis (Peng et al., 2007). Similar mechanisms could also underlie the pathophysiology of BSCR, but are currently unknown. Although vitreous fluid and ocular tissues derived from BSCR patients are rare, it would be highly informative to evaluate the IL-17 production of intraocular T cells in BSCR to support this hypothesis. Perhaps Tc17 are able to target HLA-A29 molecules that present epitopes that are dependent on ERAP2 trimming, linking the HLA class I association with IL-17 associated immunity in BSCR. Currently, the role of IL-17 in BSCR is not clarified. Although IL-17 is generally associated with pathogenic inflammation, it was also linked to protective mechanisms during inflammation (Li et al., 2014; Nishikawa et al., 2014; Liu et al., 2012). Th17 cells and elevated IL-17 in affected tissues are common in chronic inflammatory diseases and could very well be an epiphenomenon that overhauls the underlying distinct causal molecular pathways.

Regardless, current evaluation of agents that specifically dampen Th17/Tc17 immunity would still be of particular interest as a novel treatment modality for BSCR. Although therapeutic targeting of IL-17 by the monoclonal human antibody *secukinumab* has not been evaluated in patients with BSCR, it proved to be rather disappointing for controlling inflammation in other types of noninfectious uveitis (Hueber et al., 2010; Dick et al., 2013). Since IL-17 itself does not drive IL-17 mediated inflammation, it might be better to target more upstream cytokines that play a role in the differentiation of Th17 and Tc17 cells. This is particularly attractive given that Tc17 cells are induced under similar circumstances as Th17 cells in that they also require conditional cytokines such as IL-23 and IL-6 (Ciric et al., 2009; Satoh et al., 2012). This warrants the evaluation of the efficacy of human monoclonal antibodies that specifically target IL-23 and IL-6 signaling for treatment of BSCR. *Ustekinumab* is a monoclonal antibody that targets the p40 subunit of the IL-12 and IL-23 cytokines (Benson et al., 2011). The effectiveness of ustekinumab for reducing inflammation in BSCR remains to be determined, but there is an upcoming phase 1 and 2 study for the use of ustekinumab in uveitis that is expected to be completed in June 2015 (Clinical-Trials.gov Identifier: NCT01647152). Recently, targeting IL-6 signaling, by the human monoclonal antibody *tocilizumab* was

effective for treatment of cystoid macula edema in otherwise treatment-refractory cases of BSCR (Adan et al., 2013).

4.2. *T regulatory cells in birdshot chorioretinopathy*

Uveitis is currently considered to be the result of an imbalance between regulatory mechanisms that inhibit the immune system and active pro-inflammatory mechanisms (Forrester et al., 2013). This balance is normally regulated by a dynamic interplay of effector and regulatory cells of which T regulatory cells (Tregs) are a prominent subgroup of immune cells that regulate inflammation. Hallmark for autoimmunity is the loss of self-tolerance and escape of auto-aggressive T cells due loss of control by Tregs (Workman et al., 2009). Tregs are generated in the thymus or induced in the periphery from CD4⁺ T cells and control auto-aggressive T cells by not yet completely understood mechanisms that include the use of several anti-inflammatory mediators such as IL-10, TGF-β and IL-35 (Collison et al., 2007; Wing and Sakaguchi, 2010). As mentioned, TGF-β induces the differentiation of Th17 cells under pro-inflammatory conditions together with cytokines such as IL-6. Interestingly, when T cells are only exposed to TGF-β, they upregulate the transcription factor fork head box P (FOXP)-3 and can develop into Tregs (Bettelli et al., 2006). It is becoming clear that Tregs comprise a family of regulatory T cell subsets that differ in their stability of FOXP3 expression and suppressive capacity (Fantini et al., 2004; Roncarolo et al., 2006; van Loosdregt et al., 2010; Workman et al., 2009). Diminished frequency and suppressive function of Tregs have been associated with non-infectious uveitis (Chen et al., 2008; Yeh et al., 2009b). Although the characteristics of Tregs have not been investigated in detail in BSCR patients, Foster et al. reported lower percentage of CD4⁺ CD25⁺ Foxp3⁺ Tregs in a small pilot study of 5 BSCR patients compared with controls (Foster et al., 2013). This indicates that immune regulation by these regulatory cell subsets may be altered in BSCR and favor escape of auto-aggressive T cells that target the eye.

As described in the introduction, BSCR generally affects middle-aged Caucasians (Shah et al., 2005). Models of aging in mice reveal specific alterations that may give a clue on the relative age of onset of BSCR; Although the absolute numbers and overall suppressive capacity of Tregs does not decline, Tregs of aged mice demonstrate a specific diminished capability to suppress IL-17-producing T cells during chronic inflammation (Sun et al., 2012). As described, IL-17 is intrinsic to many autoimmune disorders and BSCR. This implicates that Tregs of middle-aged and elderly individuals may have reduced capacity to also control ocular-specific T cells that produce IL-17 which may favor this subset during chronic inflammatory conditions in BSCR (Jagger et al., 2014; Kuiper et al., 2013).

Besides Tregs, emerging evidence reveals regulatory counterparts in several other leukocyte lineages (La Cava, 2011). In B cells, these B regulatory cells or Bregs, are induced by IL-35 and strongly suppress experimental autoimmune uveitis by inhibiting pathogenic Th17 cells while promoting the expansion of Tregs (Tedder and Leonard, 2014; Wang et al., 2014). The contribution of Bregs in the inflammation of BSCR remains to be investigated, but the potential use of IL-35 to induce such regulatory B cells for controlling inflammation in BSCR could be an exciting upcoming field of research.

5. Conclusion and future directions

5.1. *An immune mediated conceptual framework for birdshot chorioretinopathy*

BSCR is a prototype HLA class I-associated disease that manifests as an intraocular inflammation of choroid and retina primarily. Patients exhibit increased levels of IL-17 related cytokines and

pathogenic T cells are considered to play a central role in its immune pathogenesis. More recently, BSCR occurrence was strongly associated with the presence of HLA-A29 & ERAP2 suggesting that these two genes represent a major cause of its pathology. In fact, the *ERAP1-ERAP2* risk locus can be considered a master-switch for HLA-associated autoimmune diseases. Given the genetic similarity, BSCR may share more susceptibility loci (which are as yet undetectable due to lack of power resulting from small cohorts and the rarity of the disease) with related HLA class I diseases (Cortes et al., 2013; Kirino et al., 2013). This is consistent with the finding that BSCR shares Th17 signatures that also play a central role in Behcet's disease and ankylosing spondylitis (Brown, 2010; Holta et al., 2008; Kuiper et al., 2011). Follow-up genetic studies in larger independent panels of cases and controls are needed to establish the contribution of additional susceptibility factors associated with BSCR.

Based upon the described previous and recent insights summarized in this review, we propose the following underlying disease mechanism for BSCR that involves two steps: 1) The BSCR specific initiation of the inflammation via HLA-A29 and ERAP2. 2) The strong secondary autoimmune response towards retinal antigens that are exposed upon the loss of the integrity of the blood-retinal barrier, the mechanism possibly more common to various types of ocular inflammation.

1) Given the strong association with HLA-A29 we consider the HLA-A29 antigen central to the initiation of the pathogenesis of BSCR. If HLA-A29 is predominantly recognized by CD8⁺ T cells through their T cell receptor or by natural killer cells through their killer immunoglobulin receptor, or in parallel remains to be elucidated. However, since CD8⁺ T lymphocytes are present in ocular tissues of BSCR patients (Pulido et al., 2012; Kuiper et al., 2014a), we consider HLA-A29 as a canonical antigen presenting molecule that orchestrates particular immune responses by presenting microbial and self-peptides for immune surveillance by CD8⁺ T cells. HLA-A29 has been implicated in controlling specific viral infections by presenting viral peptides to cytotoxic CD8⁺ T cells (see *The role of HLA-A29*) and we speculate that, like the HLA-B27 antigen, having the HLA-A29 antigen presentation may be beneficial for eradication of a specific viruses. Here, HLA-A29 presents viral peptides to circulating virus-specific CD8⁺ T cells, leading to adequate clearance of the virus. The potent virus-derived HLA-A29-binding motifs may closely resemble peptides derived from ocular resident proteins that are presented by HLA-A29 in ocular tissues, shifting the favorable anti-viral responses to unwanted targeting of the choroid and retina. Although this may apply to several other forms of ocular inflammation, unique for BSCR is the combination of the genetic predisposition of *HLA-A29* and *ERAP2*; HLA-A29 separates itself from other HLA alleles by its distinct binding motif and ERAP2 contributes to the generation of a specific subset of peptide antigens for presentation by HLA class I. Therefore, we suggest that the HLA-A29 presented peptides that favor adequate anti-viral response, but also activate unwanted auto-aggressive CD8⁺ T cells, are heavily dependent on ERAP2 trimming. Ocular resident proteins are degraded by the intracellular proteasomal machinery. Most of the peptide fragments then enter the endoplasmic reticulum and are subjected to trimming by the aminopeptidase ERAP1, but few (that bear positive residues such as the amino acid arginine) are specifically dependent on trimming by ERAP2. These peptides are then loaded on the HLA-A29 antigen. HLA-peptide complexes are presented on the cell surface and recognized by the Tcell-receptor or KIR of ocular specific CD8⁺ T cells that attack the cells and subsequently produce pro-inflammatory cytokines (Fig. 2).

2) The second step of the mechanism points towards more common inflammatory mechanisms: The pro-inflammatory conditions lead to tissue damage in the eye, thus promoting the

exposure of multiple highly immunogenic antigens such as the S-ag and IRBP leading to extensive retinal autoimmunity. Here, the peptide fragments that are derived from retinal antigens after the initial damage of the choroid and retina are now also presented in the context of other HLA antigens, including HLA class II. These are recognized by circulating ocular specific CD4⁺ T cells, such as the Th17 cells. The specific loss of Treg function in elderly regarding the control of IL-17 producing cells during chronic inflammation supports flourishing of this cell subset and could explain the IL-17 signatures that have been reported in BSCR (see *T regulatory cells in birdshot chorioretinopathy*). The chronic inflammatory conditions in the choroid might further deteriorate the retinal-blood barrier and lead to increased exposure of immunogenic retinal antigens and further amplification of autoimmune responses towards the eye with subsequent tissue damage. Alternatively, CD8⁺ IL-17-producing T cells (Tc17) in peripheral blood of BSCR patients (see *The role of Th17 and Tc17 cells in birdshot chorioretinopathy*) perhaps directly target HLA-A29 molecules that present uveitogenic epitopes that are dependent on trimming by ERAP2, directly connecting the well-known HLA class I association (HLA-A29) with recent genetic insights (ERAP2) and accumulating evidence for IL-17 signatures in BSCR pathophysiology.

5.2. New treatment opportunities derived from novel insights into the pathogenesis

The best treatment approach for patients with BSCR is not clear. Current treatment of BSCR patients involves local or systemic

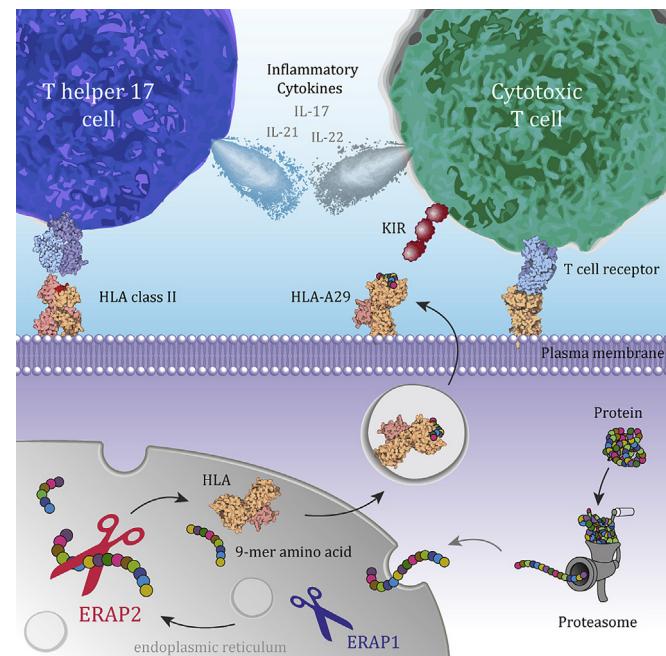


Fig. 2. Overarching model of the immunopathogenesis of birdshot chorioretinopathy (BSCR). Proteins present in cells of the retina and choroid are subject to canonical proteasomal degradation. The consecutive approximate 15 amino acid-long peptide motifs are transported to the endoplasmic reticulum for trimming and loading on HLA-class I molecules (presumably HLA-A29, given the strong association with BSCR) by ERAP1 and particularly ERAP2. The HLA-A29 antigen presents uveitogenic peptides to CD8⁺ T cells that recognize ocular antigens that mimic viral or bacterial epitopes. These CD8⁺ T cells include IL-17 producing Tc17 cells. KIR antigens are expressed on subsets of T cells and specific KIR-HLA interactions contribute to the perpetuation of the inflammation in susceptible BSCR individuals. The subsequent ocular tissue damage reveals multiple highly immunogenic antigens in the context of HLA class II that are recognized by circulating ocular specific CD4⁺ T cells, including Th17 cells. Th17 cells augment the chronic inflammation in the eye during clinical manifestation and secrete cytokines such as IL-17 and IL-21.

corticosteroids and immunosuppressive agents, each with different adverse events and success rate (Menezo and Taylor, 2014; Pavesio et al., 2010). The emerging use of fully humanized monoclonal antibodies directed to cytokines in inflammatory disorders, provides new treatment opportunities for otherwise immunosuppressive therapy-resistant patients (Saadoun et al., 2013). TNF- α neutralizing antibodies (infliximab and adalimumab) for treatment of uveitis are currently the best studied biologicals due to their wide availability and can be effective in controlling inflammation in BSCR patients (Artornsombudh et al., 2013; Lindstedt et al., 2005; Suhler et al., 2005; Theodossiadis et al., 2007). Emerging data on IL-17 and Tc17/Th17 cells supports the idea of targeting interleukins such as IL-6 and IL-23 for treatment of BSCR using several available humanized monoclonal antibodies (Yoshimura et al., 2009). Alternatively, in contrast to biologicals that target interleukins, the administration of recombinant interleukins themselves, such as IL-35 and IL-33 that attenuate Th1/Th17 mediated inflammation in experimental uveitis models, may provide another potential new treatment strategy for BSCR (Tedder and Leonard, 2014; Wang et al., 2014; Barbour et al., 2014).

In addition, specific manipulation of the antigen processing pathway, using advanced chemical inhibitors, by targeting ERAP2 may be a promising new strategy for reducing ocular inflammation in BSCR. Especially since targeting ERAP2 seems to be relatively safe (Andres et al., 2010; Papakyriakou et al., 2013). Novel selective chemical inhibitors for endoplasmic aminopeptidases are currently been developed (Papakyriakou et al., 2013; Zervoudi et al., 2013). Alternatively, ERAP2 is among the few human genes that would be suitable for therapeutic targeted genomic editing by the rapidly emerging *clustered, regularly interspaced, short palindromic repeat* (CRISPR) technology, an important new approach for generating RNA-guided genome editing that exploits nucleases such as the CRISPR-associated protein 9 (Cas9) nuclease from *Streptococcus pyogenes* (Sander and Joung, 2014). These bacterial derived adapted CRISPR-Cas9 complexes can be directed to any DNA sequence for the specific and highly efficient incorporation or deletion of genomic information. The principle of this technology is based around a nuclease that is guided by an engineered RNA sequence that binds to complementary DNA, leading to various, but highly controllable adjustments of the targeted genomic sequence. Exploiting the fast evolving field of CRISPR technology for targeting ERAP2 will greatly enhance our understanding of this mysterious aminopeptidase in antigen processing and could have therapeutic potential for treatment of BSCR.

Above all, the exact role of ERAP2 in the pathophysiology and the effect of selective inhibition of ERAP2 should be an active field of investigation in the upcoming years (Zervoudi et al., 2013).

5.3. A systems medicine approach for birdshot chorioretinopathy

Altogether, the emerging pathophysiologic concepts described in this review cannot sufficiently clarify why BSCR manifests exclusively in the eye or, for example, explain the heterogeneity in treatment response in patients. Interestingly, previous pilot studies indicated few restricted signatures of molecular pathways in peripheral blood that are involved in the pathogenesis of noninfectious uveitis, but these pathways and their relation to clinical phenotypes are, however, still poorly understood (Li et al., 2008). Due to the complexity to elucidate multiple downstream molecular pathways that exclusively manifest in the eye, further unraveling of the causative pathways in BSCR justifies an integrated and State-of-the-Art approach. Future in-depth unbiased modeling of multiple informative biological layers (epigenome, methylome, metabolome, transcriptome and proteome) of the immune system will revolutionize our understanding of disease biology and provide a holistic and dynamic overview of the underlying immune-

dysregulation (Pulendran et al., 2010). Accumulating evidence rapidly reveals that chronic inflammatory diseases constitute dysregulation of multiple cell subsets, various cytokines, chemokines and growth factors, and regulatory elements such as gene methylation status and microRNAs that expose the complex and dynamic interactions of all these different components and layers of the immune system (Bielekova, et al., 2014). Many of these facets of the immune system of patients with BSCR have not yet been studied, but given related pathogenic signatures with other autoimmune diseases are also likely to play a role in the pathophysiology of BSCR. Thus, delineating the need for better understanding of the dynamic relation of all these underlying molecular pathways for which we propose to employ *Systems Medicine*.

Systems Medicine is the new discipline that emerges as a translational extension of systems biology, an interdisciplinary approach that systematically describes the complex interactions between all parts of a biological system, with a view to elucidating new biological rules capable of predicting the behavior of the biological system. To this aim, data are collected from all the components of the immune system, analyzed and integrated in order to generate a mathematical model that describes or predicts the response of the system to individual perturbations. To delineate these networks acquisition of high throughput analyses of distinct layers (e.g. mRNA, microRNA, methylation status, proteome) and various cellular subsets (e.g. T cells, dendritic cells, B cells, NK cells) that constitute the network is obligatory. Systems biology capitalizes on several so-called “omic” technologies, which are used to define and monitor all the components of the systems and has been shown to be highly successful in the identification of the central processes responsible for successful vaccination (Pulendran et al., 2010). Omics technologies generate massive datasets that can be mined for correlations with patient outcomes, drug responses, toxicity and other parameters of interest. This will provide a unique opportunity to merge therapeutic development with improvement of the fundamental understanding of the disease. This approach is presently being adopted in oncology, but has yet to penetrate the immunology field. By employing this approach we revealed important molecular pathways that lead to some paradigm shifting results in scleroderma (van Bon et al., 2013). This validated the use of this approach in the field of immunology on the basis of which we can now start to unravel the molecular pathways in BSCR.

In the upcoming years, the emerging Systems Medicine approach will form the frontier for improving clinical management of inflammatory disorders, including BSCR, towards patient specific therapeutic regimes or so called *personalized medicine* (Bielekova et al., 2014). We are at the dawn of overcoming the current challenges to setup appropriate bioinformatic tools for the integration and subsequent analysis of these high-throughput data that will guide us in an era of holistic biology with unprecedented improvement of our understanding of the underlying molecular pathways, and hopefully accelerating future tailor-made treatment for patients with BSCR.

Acknowledgments

The here described research conducted by the authors was supported by the combined grants from the Dr F.P. Fischer Stichting, Amersfoort; the Algemene Nederlandse Vereniging Ter Voorkoming Van Blindheid, Doorn; the Landelijke Stichting Voor Blinden en Slechtzienden, Utrecht, the Stichting Nederlands Oogheelkundig Onderzoek (SNOO), Rotterdam and the Blindenpenning Stichting (Grant number: 2009-2), Amsterdam, the Netherlands. We also would like to thank all participants involved in the research, including the Birdshot Uveitis Society (<http://birdshot.org.uk/>), The Moorfield Biobank (UK) and Spanish Birdshot Group (GENUVE).

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