Tacrolimus
A drug that suppresses the immune system

Common side effects
- Stomach & intestinal disturbances, indigestion & ulceration.
- Headaches, sleep disturbances, confusion, dizziness and anxiety.
- High blood pressure, disturbances in the rhythm of the heart.
- Liver damage. Signs include yellowing of skin and dark urine.
- Susceptibility to infections.

Patients must have regular blood tests
Note that benefits of treatment are usually greater than the risks; consult your doctor.

Tacrolimus
A drug that suppresses the immune system

Common Interactions with other medicines

- Ibuprofen and similar drugs = increased risk of toxicity to the kidneys.
- Grapefruit juice = raises the levels of tacrolimus in the blood.
- Nifedipine or diltiazem = raises levels of tacrolimus.
- Antibacterials like erythromycin and Antifungals like fluconazole = raises the levels of tacrolimus.
- Some types of diuretics (‘water tablets’): potassium-sparing diuretics and aldosterone antagonists = increases potassium levels in body.
- Rifampicin = lowers the levels of tacrolimus.

Tell your doctor and pharmacist if you are taking these or any other medicines.

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